## 6th Annual Bob Quade Cyclone Open



**DATE:** Sunday, December 6, 2015

**LOCATON:** Folkner Family Gymnasium,

Centenary College, Hackettstown, NJ 07840

**WEIGHTS:** NCAA weights: 125, 133, 141, 149, 157, 165, 174, 184, 197, 285

**WEIGH-INS:** 7:00 am in Centenary's Zeitler Wrestling-room.

Skin checks will start at 6:45 am.

**FORMAT:** Wrestling begins @ 9:00 am through completion.

NCAA Rules apply with all matches being 3-2-2, with RIDING TIME Double elimination event and no team

scores. (We will be using 4 mats.)

**AWARDS:** We will be awarding  $1^{st}$ ,  $2^{nd}$ , and  $3^{rd}$  place medalists.

Along with Outstanding Wrestler

**CONTACT:** John Garriques

**Head Wrestling Coach** 

908-852-1400 X-2197 (Office)

908-813-8295 (FAX)

E-mail: <u>Garriquesj@centenarycollege.edu</u>

**Team Package** – \$275 per team of 11-15, and \$350 – no roster limit **Individual Entries-** \$25 Per Wrestler,

**Sending in checks, and entries:**, please have all seeding information e-mailed to <u>Garriquesj@centenarycollege.edu</u> no later than Wednesday December 2, 2015

**Checks should be payable:** to Centenary College Wrestling, and should be received no later then the day of event.

MAIL: Centenary College – Wrestling Office 400 Jefferson St Hackettstown NJ.07840

Name	School	Coach	Attached	Unatch	Weight	Seeding Information

**Seeding Information** 

Please submit your weigh-in form electronically by Wednesday December 4, We need each wrestlers ID number to submit to the NWCA. Thank you!